

Comparison of Healthy, Unhealthy, and Abusive Marriage Dynamics

Physical

Healthy Marriage Traits	Unhealthy Marriage Traits	Related Abusive Marriage Traits	Bible References
Mutual respect for personal space and boundaries Mutual concern for physical well-being	Frequent arguments with rising tempers Neglecting a partner's physical needs	Physical violence during conflicts Intimidation through physical gestures or threats	Ephesians 4:29; Proverbs 15:1 Philippians 2:4

Emotional

Healthy Marriage Traits	Unhealthy Marriage Traits	Related Abusive Marriage Traits	Bible References
Open and respectful communication Emotional support and validation Constructive feedback with empathy Emotional closeness and connection Addressing issues openly and honestly Trust and security in the relationship	Poor communication Lack of emotional support Constant criticism Emotional distance Avoiding conflict or issues Jealousy or insecurity	Verbal threats or insults Emotional manipulation (gaslighting) Constant belittling and humiliation Isolating the partner from family/friends Silent treatment or psychological abuse Extreme jealousy leading to possessiveness	James 1:19 Galatians 6:2 Ephesians 4:15 Ecclesiastes 4:9-10 Ephesians 4:25 1 Corinthians 13:7

Financial

Healthy Marriage Traits	Unhealthy Marriage Traits	Related Abusive Marriage Traits	Bible References
Financial transparency and shared decision-making Equitable sharing of financial responsibilities	Unmet financial needs due to poor planning Disagreements over financial priorities	Withholding money or resources Forcing financial dependence	Proverbs 21:5 1 Timothy 6:10

Spiritual

Healthy Marriage Traits	Unhealthy Marriage Traits	Related Abusive Marriage Traits	Bible References
Mutual respect for spiritual beliefs Encouraging individual spiritual growth	Disrespecting or disregarding spiritual views Conflict over differing spiritual practices	Forcing religious beliefs or practices Using religion to justify control or punishment	Romans 14:1; 1 Peter 3:7 Philippians 2:3

Sexual

Healthy Marriage Traits	Unhealthy Marriage Traits	Related Abusive Marriage Traits	Bible References
Mutual respect for sexual boundaries and desires Consent and honoring boundaries	Lack of intimacy or sexual avoidance Ignoring partner's boundaries or comfort	Sexual coercion or pressure Sexual assault or forced sexual acts	1 Corinthians 7:3-4 Hebrews 13:4